The University of Liverpool’s Doctorate in Clinical Psychology: Sharing Practice

Liverpool
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Glasgow - November 2018
Sharing Practice

• Involvement of Experts by Experience (EbEs) in all aspects of the programme
• Development of the programme’s human rights based approach
• Running Schwartz Rounds with healthcare students

Three of the areas commended by the BPS’s accreditation team - June 2018

More to follow - GTiCP conference 2019!
LExE - ‘Involve, engage, influence’

- Liverpool Experts by Experience (LExE) group - core to the programme’s values of widening participation and inclusivity.
- Yearly cycle of identifying group priorities and systematically embedding developments into the programme structures and culture.
- Examples include:
  - EbEs as DClin research supervisors.
  - Coproduction of advanced clinical supervisor workshops with EbEs.
  - EbEs as providers of formative assessment feedback.
Swapping Seats

• An inter-disciplinary mentoring scheme, providing mentoring by EbEs to trainees and PhD students working within adult mental health services.

• Two pilots delivered in partnership with North West Boroughs Healthcare NHS Foundation Trust.

• Aspiration now for every trainee to have an EbE mentor for the duration of their training.

• “It was helpful to hear the mentors’ experiences of services and what factors were influential in their recovery [...] I felt that there was scope for a more realistic conversation which may not have been possible during teaching time.”
Human Rights

- Explicit programme values and delivery within a human rights-based approach to healthcare - systemic.
- Y1 teaching: Human rights EBL (funded by the Equality and Human Rights Commission)
  - introduction to human rights principles and their application in healthcare;
  - through clinical cases, group work and presentations trainees explore clinical issues through a human rights lens;
  - trainees receive formative verbal feedback from tutors, peers and EbEs.
Human Rights

- Human rights based approach to healthcare continues throughout the three years in teaching on working with older adults and people with intellectual disabilities.
- Human rights principles integrated explicitly into values based recruitment in selection through vignettes.
- Yearly appraisal process also requires trainees to record how they are demonstrating human rights principles in their practice.
- Community placement framework being developed to include human rights principles.
- Provides a robust framework for drawing together activities supporting inclusivity, diversity, and expert by experience involvement in the curriculum, on placements and in research.
Running Schwartz Rounds with Healthcare Students

- A multidisciplinary large group forum for all staff working in healthcare settings to reflect together on the emotional impact of their work. Promotes staff wellbeing, resilience and empathy and capacity for compassionate care.
- Ken Schwartz, a US healthcare lawyer, in 1994, aged 40, was diagnosed with advanced lung cancer. He highlighted the importance of human connections between caregivers and patients, saying that “the smallest acts of kindness made the unbearable bearable”.
- Panellists are asked to discuss patients or situations from their work, which have posed emotional challenges. The audience is invited to share their emotional reflections and similar experiences. Two trained facilitators contain and shape the discussion.
Running Schwartz Rounds with Healthcare Students

- University of Liverpool project involves students from ten healthcare programmes.
- Multiprofessional student Rounds running since Feb 2016.
- Concurrent research and evaluation investigating the impact of the Rounds.
- New project from September 2018: Working with seven universities across the North of England to enable them to start running Schwartz Rounds with students.
- Led by DClin staff.
- Interprofessional learning.
- Award winning!

“...there’s loads of people, loads of other professions going through the exact same thing and the exact same feelings and it’s just normal more than anything for things to affect you; like you’re human”.

University of Liverpool
Find Out More...

https://www.liverpool.ac.uk/psychology-health-and-society/research/swapping-seats/

https://www.liverpool.ac.uk/psychology-health-and-society/departments/psychological-sciences/research/schwartz/

https://www.pointofcarefoundation.org.uk/our-work/schwartz-rounds/about-schwartz-rounds/
Find Out More...

https://www.liverpool.ac.uk/dclinpsychol/
dclin@liverpool.ac.uk

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