Group of Trainers in Clinical Psychology 2018 Annual Conference

Town Hall
Applied Masters Training in Scotland

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Applied Masters Training In Scotland

Fiona Duffy, Judy Thomson and Simon Smith
Plan

• Description of the role of a Clinical Associate in Applied Psychology (CAAP)
• Initial development and introduction of role within the Scottish Psychology workforce
• Overview of Scottish training programmes
• Reflections on clinical training, CAAP role within Scottish NHS and workforce implications
Clinical Associate in Applied Psychology (CAAP)

- Role introduced to Scottish psychological workforce in 2005
- Psychology graduates trained to deliver psychological assessment, formulation and intervention for a specific client group
- Work under the supervision of a Clinical Psychologist
- Generally work in Tier 2, primary care therefore trained in appropriate evidence based psychological therapies to meet the needs of this client group.
Background to Development and Introduction of Role

- Growing evidence base and demand for effective Psychological Therapies and Interventions
- Ready supply of Psychology graduates
- Strategic decision
  - Expand skill mix within Psychology
  - Upskill the existing multidisciplinary workforce
- Subject Benchmark Statement
- Subset of Clinical Psychology Competences
- Nationally agreed AFC job profiles for trainee and CAAP role
Scottish subject benchmark statement
Clinical psychology and applied psychology (clinical associate) Scotland
A vision and framework for the provision of clinical psychology services for NHS Scotland

July 2006
Scottish Training Programmes

• 2 sister programmes:
  
  • MSc in Applied Psychology for Children and Young People – held within the University of Edinburgh in partnership with NHS Education Scotland and NHS Greater Glasgow and Clyde. First intake 2005
  
  • MSc Psychological Therapy in Primary Care jointly run by the Universities of Dundee and Stirling and in partnership with NHS Education Scotland. First intake 2008

• Both training courses designed to produce CAAPs in specific fields (adult and child/young people)
MSc Applied Psychology CYP

• Trains psychology graduates in assessment, formulation and evidence based psychological interventions for children and young people alongside masters level research skills
• Competencies are aligned with evidence based interventions for circumscribed Tier 2 CAMHS work e.g. CBT for mild to moderate presentations, Triple P, Incredible Years etc.
• Trained in interventions strongly aligned with an early intervention/prevention approach
Intake

Essential requirements:

• Accept psychology graduates with 2:1 or above which confers Graduate Basis for Chartered Membership
• Interest in working with children and young people
• No requirements on NHS experience/ “traditional” assistant psychologist route

Employee of a Scottish NHS Health Board for 1 year placement at Band 6.

Similar interview intake process as D.Clin.Psych. Generally receive over 200 applications a year for 15-19 places
Academic Requirements

Course work submitted throughout the year including:

• Research Proposal
• Health Promotion Group Task
• Case Conceptualisation
• Child and Adolescent Development Portfolio
• Master Level Dissertation (systemic review, analysing existing data or service evaluation)
Clinical Placement

- All trainees placed in a CAMHS team for one year
- Supervised by a Clinical Psychologist (and sometimes a CAAP)
- Competency based training and assessment
- Structured tools for assessment of competency
- Supported by a minimum of two placement visits by Clinical Tutor.
BPS Accreditation

• Took part and passed BPS accreditation visit in 2017 under pilot accreditation standards for “Assistant and Associate Psychologists”.

• BPS working party reviewing draft accreditation standards for Associate Psychologists training, likely to be shared internally within the BPS alongside a proposed consultation plan.

• Opens up possibility of Associate training out with Scotland.
## Destination of All Graduates of MSc AP C&YP by headcount as at 30 June 2018.

<table>
<thead>
<tr>
<th>Destination</th>
<th>headcount</th>
<th>percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>employed in NHSScotland CAMHS</td>
<td>62</td>
<td>41.6</td>
</tr>
<tr>
<td>employed in NHSScotland Psychology Services</td>
<td>16</td>
<td>10.7</td>
</tr>
<tr>
<td>employed in NHSScotland other services</td>
<td>15</td>
<td>10.1</td>
</tr>
<tr>
<td>D Clin Psych Scotland</td>
<td>13</td>
<td>8.7</td>
</tr>
<tr>
<td>Total employed/further training in NHSScotland</td>
<td>106</td>
<td>71.1</td>
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<tr>
<td>employed in relevant role elsewhere in the UK</td>
<td>35</td>
<td>23.5</td>
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<tr>
<td>training- other, elsewhere in the UK</td>
<td>5</td>
<td>3.4</td>
</tr>
<tr>
<td>D Clin Psych England</td>
<td>3</td>
<td>2.0</td>
</tr>
<tr>
<td>Total employed/further training elsewhere in the UK</td>
<td>43</td>
<td>28.9</td>
</tr>
<tr>
<td>employed in relevant role outwith UK</td>
<td>2</td>
<td>1.3</td>
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<td>unknown</td>
<td>27</td>
<td>18.1</td>
</tr>
<tr>
<td>Total</td>
<td>149</td>
<td>100.0</td>
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</tbody>
</table>
Job titles / Roles

• Clinical Associate in Applied Psychology for Children and Young People

• Local variation / banding
  • Child and Adolescent Therapist
  • Mental Health Clinician
  • Primary Mental Health Care Worker
  • Psychological Therapist

• Continue to deliver assessment, formulation and intervention incl CBT, parenting and early intervention
• Since 2005: 756 Doctoral trainees.

• 123* previously completed the MSc in Applied Psychology for Children and Young People (APCYP) or MSc in Psychological Therapies in Primary Care

• 16% of all Doctoral trainees

* - projected total
Length of time between finishing MSc and starting Doctoral Course
Steady increase of previous MSc graduates undertaking the Doctoral over the last 10 years
Previous cohorts of DClinPsy

• 42 people were previous MSc APCYP trainees; 62 completed the MSc PTPC programme (of 104 not including projected figures)

• average gap between completing an MSc and starting the Doctoral is 2 years

• Of the 104: n=49 have completed the course
MSc to D Clin Psych to the workforce
Average time in the workforce between courses = 2 years

<table>
<thead>
<tr>
<th></th>
<th>Employed in NHSScotland Psychology Services</th>
<th>Employed in NHSScotland CAMHS</th>
<th>Employed elsewhere in NHSScotland</th>
<th>Employed in other</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>22</td>
<td>13</td>
<td>5</td>
<td>9</td>
<td>49</td>
</tr>
<tr>
<td>Percentage</td>
<td>55.00%</td>
<td>26.50%</td>
<td>10.20%</td>
<td>18.40%</td>
<td>100%</td>
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</table>

N=5 . No NI number and no data as yet.

Remaining number are currently completing the D.Clin.Psych with expected completion dates from 2018 to 2020.
Please tweet about the Conference

#GTiCP2018