Psychologically Healthy Organisations and Workplaces

The Northern Ireland Branch of The British Psychological Society (NIBPS) is delighted to once again collaborate with The Psychological Society of Ireland (PSI) in co-hosting our 2018 Annual Conference Opening Public Lecture.

We very pleased to be supported by the NI Chief Executives Forum, Newry Junior Chamber and the Dundalk and Drogheda Chambers of Commerce along with our own Division of Occupational Psychology NI Branch.

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<th>Time</th>
<th>Event</th>
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<tr>
<td>15.45</td>
<td>Registration</td>
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<tr>
<td>16.00</td>
<td>Invited Symposium: Health &amp; Wellbeing in the Workplace</td>
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<td>Improving Workplace Wellbeing through ACT - A New Approach, D McCanny &amp; D Allen, Mind Change</td>
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<td>Understanding Neurodiversity within the Workplace - Impact on Wellbeing, S Beattie, SB Consultancy</td>
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<td>Understanding Obesity - emotional eating and its impact on wellbeing within the workplace, S Gibson, Eating Psychology Coach</td>
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<tr>
<td>17.45</td>
<td>Refreshment Break</td>
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<tr>
<td>18.00</td>
<td>Keynote Event: Psychologically Healthy Organisations and Workplaces</td>
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<td>A good place to work and learn, psychology making a difference, Nicola Gale, President The British Psychological Society</td>
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<td>Does my work define who I am?, Terri Morrisey, CEO The Psychological Society of Ireland</td>
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<td>Discussant, Stephen Peover, Chair Chief Executives’ Forum</td>
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<td>20.15</td>
<td>Closing Comments</td>
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<tr>
<td>Time</td>
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<tr>
<td>09.00</td>
<td>Registration</td>
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<tr>
<td>09.40</td>
<td><strong>Keynote: Are we all thin enough yet? The globalisation of the thin ideal and the homogenisation of beauty</strong>&lt;br&gt;Prof Viren Swami, Anglia Ruskin University</td>
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<td>10.00</td>
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<td>10.40</td>
<td>Refreshment Break</td>
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<td>11.00</td>
<td><strong>Symposium: Changing dietary intake: Is it all in the mind?</strong>&lt;br&gt;Chair: L Simpson, UU&lt;br&gt;Healthy feeding habits: results from a pilot trial of a novel, habit-based intervention with parents of preschool aged children&lt;br&gt;L McGowan, QUB, and L Cooke, H Crocker, J Wardle, UCL&lt;br&gt;Employing the Health Beliefs Model to determine predictors of soy product use in middle-aged women&lt;br&gt;L Simpson, J McCormack, A Halpin, UU&lt;br&gt;A qualitative study investigating the barriers and facilitators towards the uptake of a diet to promote brain health (MIND diet), in a sample of Northern Irish adults&lt;br&gt;D Timlin, J McCormack, L Simpson, UU&lt;br&gt;Managing Weight for People with ID: Can Mobile Technology play a role?&lt;br&gt;P Smith, C McDowell, J Leslie, L Simpson, L Skelly, UU, and G Leader, NUI Galway</td>
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<td>11.45</td>
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<td>12.20</td>
<td><strong>A Level Paper: Psychology Synoptic; Caffeine...The Most Legal Drug?</strong>&lt;br&gt;H Roleston, K Clements, C Nelson, Omagh Academy</td>
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<td>12.40</td>
<td><strong>A Level Paper: That's not my hand! How our brains can deceive us</strong>&lt;br&gt;H Morton, B O'Hagan, Antrim Grammar School</td>
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<td>Time</td>
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<td>13.00</td>
<td>Lunch &amp; Poster viewing *</td>
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| 13.40 | **Keynote: Mums, Dads, Babies and Toddlers: Using the Theory of Planned Behaviour (TPB) to understand family feeding behaviours**  
Dr Vivien Swanson, University of Stirling | DHPNI AGM                                      | DCOPNI AGM                                                                 |
| 14.40 | Promoting prosocial behaviour toward refugees:  
Examining the empathy-attitude-action model in middle childhood  
C Glen, L Taylor, QUB |                                                | Emotion Focused Therapy – Theory and Practise  
Dr Ladislav Timulak, Trinity College Dublin |
| 15.00 | **Testing the multi-dimensional nature of political beliefs and their relationship with paranoia, deservedness,  
conspiracy and religiosity**  
E Nolan, UU |                                                |                                                                           |
| 15.20 | **Symposium: From burnout to thinking skills; a compilation of current forensic psychological research in Northern Ireland**  
Chair: C Byrne, Belfast HSC Trust | Effect of aetiological explanations on negative attitudes towards individuals with psychosis  
P Frazer, P Breheny, T Evans, O Stafford, Dublin Business School, & P Adams, UCC |                                                                           |
| 15.40 | Perceived Danger from the Job, Workplace Social Support and Burnout Among Northern Ireland Prison Officers  
C Roberts, Northern Ireland Prison Service | Effect of mode on mood and of Musical Preferences in Adolescence on self-esteem in adulthood  
P Frazer, P Downey, S Olin, Dublin Business School |                                                                           |
| 16.00 | **Trauma History as a Predictor of Reoffending in a Northern Irish Probation Sample**  
M Dalsklev, QUB | An interpretative phenomenological study exploring the lived experience of menopausal transition among women in Northern Ireland  
A McLoughlin, UU |                                                                           |
| 16.20 | **Exploring the characteristics and psychological profiles between those who commit internet and contact sex offences in Northern Ireland**  
K McFarland, Probation Board for Northern Ireland  
To compare the perceptions of the general public and professionals towards male and female perpetrators of sexual crime | Beyond The Professional Title: A Qualitative Investigation into the factors that influence and motivate a person to become a Clinical or Counselling Psychologist  
J Aiken, UU |                                                                           |
| 16.40 | S Caldwell, Probation Board for Northern Ireland | Refreshment Break | Twitter Workshop  
Ben Mallon, Paul Wilson |
| 17.00 | An Evaluation of the ‘Thinking Skills Programme’ in a Probation Setting using Psychometric Assessments  
T Cunningham, Probation Board for Northern Ireland, and C Ball, QUB | Does self-efficacy and experience predict teachers’ attitudes towards pupils with emotional and behavioural difficulties? A survey of Northern Ireland mainstream teachers  
C Kidston, The Open University |                                                                           |
| 17.20 | Trauma in Prison Work: Exposure, Symptoms and Wellness Interventions  
D Kelly, Northern Ireland Prison Service | Motherhood and Anxiety: The Perspectives of Professionals Working with Women in The Perinatal Period  
H Byrne, UCD |                                                                           |
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<tr>
<td>17.40</td>
<td>DFPNI AGM</td>
<td>BeSAD (Bereavement, Separation, and Divorce): The response of pre-service teachers to pupil wellbeing</td>
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<td>B McConnell, Stranmillis University College, &amp; A Lynam, C McGuckin, Trinity College Dublin</td>
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<td>18.00</td>
<td>Psychologists and Winston Churchill: Travel to Learn, Return to Inspire</td>
<td>Problem Solving Courts: Investing in Treatment to Prevent Re-Offending Dr Geraldine O’Hare, Probation Board NI</td>
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<td>Drug Courts…a judicial perspective Judge Gregory Jackson</td>
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<td>Finding the Sunshine - Reflections on the Winston Churchill Memorial Trust Travel Fellowship Dr Nicola Doherty, Western Trust</td>
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<td>Discussion</td>
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<td>20.00</td>
<td>DAY ONE CLOSE</td>
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<td>20.30</td>
<td>Conference Dinner</td>
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* Posters to be displayed on Thursday 22nd March (alphabetical by lead author)

**The power of initial contact: How manipulating initial contact predicts specific favouritism within minimal group interactions**
R Barrett, M Quayle, C Ffrench, M Lynch, *University of Limerick*

**Stress and well-being in the farming community**
A Cassidy, E Carswell, *UU*

**Measuring episodic foresight in preschoolers with three novel planning tasks**
T Donova, T McCormack, *QUB*

**Driving Under Pressure: The Effects of Driving Under Pressure**
C Doody, K Sarma, *NUI Galway*

**A history of the predictive power of initial contact within VIAPPL studies, a review**
C Ffrench, M Quayle, M Lynch, R Barrett, *University of Limerick*

**Mental health, student experience and support needs of student carers**
M Forde, S O'Neill, *UU*

**Attitudes to help-seeking pre and post Cycle Against Suicide school visits**
M Gallen, *UU*

**University Experiences and Social Class Identity**
L M. Horstmeier, *QUB*

**The effect of religious implicit or subliminal priming techniques on individuals’ pro-social behaviour in the Prisoner’s Dilemma Game and the Economic Game**
P Kelly, A M Keane, *National University of Ireland*

**Level of self-disclosure and parenting styles as predictors of friendship quality among young women in Pakistan**
N Khan, *UU*
Positive Living in a Stressful World: Evaluating a pilot programme for increasing resilience within a secondary mental health service.
L Moore, E Long, R Long, U O'Boyle-Finnegan, M Dow, G Murphy, B Donohoe, S Devoy, S Reddy, Cluain Mhuire Community Mental Health Service

Stress, Disposition and Coping in First Year Undergraduate Psychology Students.
Joanna Loughrey

The Role of Sexuality, Shame and Perfectionism in the frequency of Intrusive Thoughts
S Matthews, J Egan, NUI Galway

Cybertrends: an exploratory study of who and why users conform on Social Networking Sites?
L O'Hagan, QUB

An exploratory investigation into the role of self-concept in rehabilitation within a community brain injury service
R Slavin, I Crothers, Southern Health and Social Care NHS Trust

Towards identifying laughter as a signal of empathy
C Spencer, G McKeown, O McCormick, M Stevenson, QUB

Breaking the Silence of Sexual Violence: Identifying the gender specific barriers and facilitators to accessing sexual assault services.
C Walshe, UU

The effect of coping and affect on post-traumatic growth in cancer patients.
N Warner, A M Keane, National University of Ireland
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<tr>
<td>09.00</td>
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<td>RESEPNI AGM</td>
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| 09.40 | Keynote: Supporting people with intellectual disabilities in constructing positive social identities  
Dr Katrina Scior, University College London | Symposium: Listening to the voices of young people in primary, post-primary and third level education to aid understanding of learner identity and self-concept across a range of studies; implications for practitioner Educational Psychologists  
Chair: M Mcaleneese, QUB  
English language anxiety and self-concept among children who learn English as an additional language.  
M Pilipovic-O'Connell, Education Authority  
An exploration of the perceptions and experiences of post-primary pupils on receiving classroom assistant support in mainstream education  
T Duffy, Education Authority  
Factors affecting the educational success of care leavers  
N Monaghan, Education Authority |
| 10.40 | Gender Dysphoria in Children and Adolescents  
A Kierans, Knowing our identity | Symposium: Identity and Mental Health  
Chair: C Shannon, Northern Health and Social Care Trust  
Self and identity in women with symptoms of borderline personality: A qualitative study  
G Agnew, L Storey, QUB, C Shannon, N_HSCT, and T Ryan, C McDonnell, WHSCT  
Shame, fear of intimacy, introjective and anaclitic identity  
D Hanna, QUB, M Dorahy, C Wu, University of Canterbury, and C Johnston, Northern Health and Social Care Trust  
Identity Stigma and wellbeing among gay men living with HIV: The role of Self Compassion and Psychological Flexibility  
G Victory, BHSC, A Higgins, K Kerrigan, N_HSCT, and D Hanna, QUB  
Dissociative Identity Disorder and Complex Trauma: preliminary findings on shame responses  
K Dyer, N_HSCT, M Dorahy, University of Canterbury, M Corry, BHSC, R Black, SEHSCT, L Matheson, H Coles, D Curran, QUB, and L Seagar, W Middleton, The Cannan Institute, Brisbane |
| 11.10 | I’m just not who I used to be: Exploring identity after traumatic injury  
J Maguire, South Eastern Health and Social Care Trust | Refreshment Break |
| 11.40 | Symposium: Identity and Mental Health  
Chair: C Shannon, Northern Health and Social Care Trust  
Religious Density and the Incidence and Severity of Psychosis in Northern Ireland  
D O'Donnell, C Mulholland, QUB, C Shannon, N_HSCT, and T Bosqui, American University of Beirut  
Self and identity in women with symptoms of borderline personality: A qualitative study  
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Symposium: Evidence-based psychology: Improving provision for pupils  
Chair: C McVeigh Stranmillis University College  
An Evaluative Study in the Factors Affecting the Acquisition of English Literacy Skills for pupils who have English as an Additional Language, (EAL) in two Northern Ireland Primary Schools  
E Ritchie, Stranmillis University College  
An evaluation of how classroom assistants are mediating the learning of pupils with Special Educational Needs (SEN) within a mainstream post-primary school within Northern Ireland  
M Hill, J Duffy, QUB  
Provision in Northern Ireland for JCQ regulations and The Equality Act (2010) at the post-primary school level  
C McVeigh, S McMurray, Stranmillis University College |
| 12.00 | Religious Density and the Incidence and Severity of Psychosis in Northern Ireland  
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C McVeigh, S McMurray, Stranmillis University College |
# Northern Ireland Branch Annual Conference Agenda

**Friday 23rd March 2018**

**21st – 23rd March 2018**

The Ballymascanlon Hotel, Co. Louth

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<td>13.20</td>
<td>Lunch Break</td>
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| 14.00  | **Keynote:** Confidence in contact: Promoting cross-group friendship among children and adolescents  
Rhiannon Turner, Queen’s University Belfast | **Symposium:** Quality in the EY Sector  
Sponsored symposium by Stranmillis University College, Early Childhood Studies Department - Celebrating 21 years of delivering the Early Childhood Studies Degree in Stranmillis #ECS21 |
| 15.00  | Refreshment Break                                                         | **Chair:** B McConnell, Stranmillis University College  
** What Works for Two-Year-Olds in Setting Based Programmes  
S Fillis, L Dunne, QUB, & B McConnell, Stranmillis University College  
**Parental and Early Years Professional Attitudes towards Quality for Two-Year-Old Children in Early Years Settings in Northern Ireland  
K Hanna, G Walsh, Stranmillis University College, & P Connolly QUB  
**Leadership and its Impact on Quality in the Early Years Sector in the Republic of Ireland  
A Giblin, B McConnell, Stranmillis University College  
**Purveyors of Quality: Issues in Early Years Professional Training  
D McMillan |
| 15.20  | **Symposium:** I am categorised; therefore, I favour: Providing perspective to the categorisation bias within inter-group interaction by respecting initial contact  
Chair: R Barrett, University of Limerick  
**A history of the predictive power of initial contact within VIAPPL studies, a review**  
C Ffrench, M Quayle, M Lynch, R Barrett, University of Limerick  
**Social identity and group structures of inductive and deductive groups**  
M Lynch, M Quayle, R Barrett, C Ffrench, University of Limerick  
**The power of initial contact: How manipulating initial contact predicts specific favouritism within minimal group interactions**  
R Barrett, M Quayle, C Ffrench, M Lynch, University of Limerick | |
| 16.20  | **Exploring the school experiences of transgender and non-binary children and young people in Northern Ireland**  
V McIlwaine, QUB | |
| 16.40  | **Students’ Perceptions of Locations in Northern Ireland according to Group Membership**  
T Wisener, UU | |
| 17.00  | **From empathy to action: promoting positive intergroup attitudes and behaviours among youth in post-accord Northern Ireland**  
D O’Driscoll, L Taylor, J Dautel, QUB | |
| 17.20  | **Irishness in Britain, post-Brexit: passport of convenience or new political identity?**  
M Scully, Mary Immaculate College | |
| 17.40  | **CONFERENCE CLOSE**                                                     |                                                                           |