The heart of the matter: how EPs are building better relationships through Video Interaction Guidance (VIG)

Ms Miriam Landor & Laura McDonald
Educational Psychologists
AVIGuk Accredited Supervisors

Video Interaction Guidance (VIG) is an evidence based approach to building relationships with important others, through examining and reflecting on 'what works' in the VIG participant's day to day interactions. The VIG values, beliefs and 'Principles of attuned interactions and guidance' provide frameworks for the microanalysis of brief video clips. VIG has been shown to increase parental sensitivity and mind-mindedness for example, empowering and increasing self-confidence. VIG guiders use a 'traject plan' to map how the skills discovered by micro-analysing tiny moments are generalised throughout the participant's system, leading to improvements not only in the child's development but also in the adult's development and engagement in their community. VIG, or SPIN-VIP as it was then known, was brought from the Netherlands in the 1990s by educational psychologists in Scotland, who saw its huge potential for families and in education settings. Recently VIG has been endorsed in several NICE guidelines (Early intervention; autism; attachment in children on the edge of care), in ‘1001 days – conception to 2 years’ all-party parliamentary commission, and in the NSPCC neglect project, to name a few reports. In this workshop participants will gain an understanding of the history, background and evidence base of VIG, with some video examples, and will explore the potential impact on social capital when EP services work on building better relationships with families and schools.
NEW! VIG e-journal

*Attuned Interactions*

Edited by miriam.landor@gmail.com
See attunedinteractions.wordpress.com for Issue 1. Issue 2 will be out soon.

laurawalmsley@gmail.com  miriam.landor@gmail.com

www.seechangevig.net  www.videointeractionguidance.net  www.vigorkney.co.uk