To infinity, and beyond: how EPs are building professional capacity through Video Enhanced Reflective Practice (VERP)

Ms Miriam Landor, VIG Orkney & Dr Laura McDonald, SeeChange

Video Enhanced Reflective Practice (VERP) is an approach to professional development that focuses on enhancing attuned interactions through a specific type of video reflection, which is based on the methods and principles of Video Interaction Guidance (VIG). VIG (formerly known as SPIN-VIP) was brought from the Netherlands in the 1990s by educational psychologists in Scotland, who saw its huge potential both for families and in education settings. VIG has a growing evidence base (e.g. NICE guidelines on early intervention, on autism and on attachment in children on the edge of care; ’1001 days – conception to 2 years’ all-party parliamentary commission; NSPCC neglect project). In VERP, a VIG-trained guider facilitates staff members, in small groups or one-to-one, to reflect on brief video clips of their day to day practice at work, looking for moments where things went better than usual because of their application of the ’Principles of attuned interactions and guidance’. Participants monitor their own progress towards their self-set goals over a series of 3-5 VERP sessions. VERP thus empowers the individual’s ownership of their professional development. Several EP services in Scotland are developing professional capital and building capacity through authority-wide VERP projects which enhance staff skills - in early literacy, or in educational management, for example. In this workshop participants will gain an understanding of the history, background and evidence base of Video Enhanced Reflective Practice (VERP), with some video examples, and explore this bottom-up approach to increasing leadership and creativity.
What is VERP? – the evidence

Video Enhanced Reflective Practice – professional development through attuned interactions 2015 JKP
Chapters from education, health, social work, commercial & voluntary sectors
- IMH, PMLD, SLD, HE, etc.
- Individual case studies and systemic organisational change
- ‘Improving interactions, improving literacy in the early years’ Nancy Ferguson, NLC

Attuned Interactions - the new e-journal for the VIG and VERP community. Visit
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*Looking for new authors and peer readers:
miriam@vigorkney.co.uk.

miriam.landor@gmail.com  laurawalmsley@gmail.com

www.vigorkney.co.uk  www.videointeractionguidance.net  www.seechangevig.net